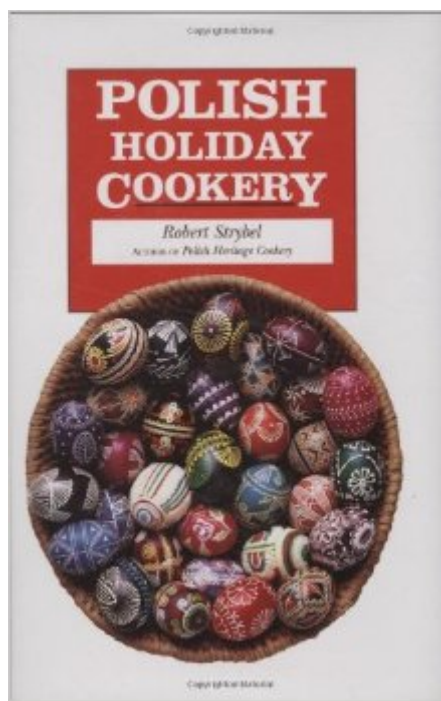


The book was found

Polish Holiday Cookery



Synopsis

Polish Holiday Cookery acquaints readers with traditional Polish foods associated with various occasions and furnishes countless cooking tips and serving suggestions. This "instruction manual for the culturally aware Polish American" offers more than 400 recipes, along with a lexicon of basic foods and culinary concepts, ingredients and procedures, and sample menus. The clearly-written recipes facilitate the preparation of the dishes and their incorporation in the Polish-American mainstream culture. Polish Holiday Cookery covers holidays such as Christmas and Easter, as well as celebrations year-round. Ideas for banquets, picnics, dinners, and family favorites abound throughout, ensuring that cooks have a selection of dishes for any occasion.

Book Information

Series: Hippocrene Cookbook Library

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Product Dimensions: 9.3 x 6.3 x 0.9 inches

Shipping Weight: 1 pounds

Average Customer Review: 3.8 out of 5 starsÂ Â See all reviewsÂ (6 customer reviews)

Best Sellers Rank: #102,567 in Books (See Top 100 in Books) #4 inÂ Books > Cookbooks, Food & Wine > Regional & International > European > Polish #62 inÂ Books > Cookbooks, Food & Wine > Entertaining & Holidays > Holidays

Customer Reviews

If anyone is at all seriously interested in Polish/Eastern European cooking, then this is your book. Rob Strybel is also known as "the Polish chef" because of his profound knowledge of Polish cuisine and cultural history. This book is not just another cookbook about regional foods but it is an insight to a great cultural Polish heritage throughout European history. One can experience the influence of various countries such as Germany, Italy, Russia and France on Polish cuisine just by reading this fascinating book, this is not simply a compilation of recipes but rather an historical summary of Polish society seen through the eyes of an accomplished chef..

I have tried a dozen or more recipes in this book and just finally chucked it into the trash. The recipes

routinely omit key ingredients (like butter AND a liquid for a pastry crust, giving you a bowlful of powder rather than a dough!) and baking times and temperatures are routinely wrong. Strybel's "big book" is marginally better, but also gives bad baking instructions. I think this dude needs a new stove!

"Polish Holiday Cookery" is an excellent cookbook for Polish Holiday food. Whether you are an American cook searching for some new dishes or a Polish-American cook who wants to connect to your Polish heritage, this book is for you. I have two (minor) quibbles. 1. The Polish-American cook will want to find another book to give more information on Polish traditions and customs for the major holidays. 2. There are no photos of the final dishes. If you are new to Polish food, try the Clear Beet Soup, Easy, or the Sauerkraut Soup, Fast-Day, or Honey-Spice Hearts, as a start. There are many easy dishes presented. However, some of the dishes are not easy and may take quite some time (days) to prepare properly. If you have never had the dish before, try to find an experienced Polish-American cook for advice on achieving the best results. Also, there are internet sites that are very helpful on some signature dishes. I recommend this book.

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